



**2018 NORWALK YACHT CLUB SATURDAY RACES**  
**Including the NORWALK ISLANDS SAILING FLEET**  
**ORGANIZING AUTHORITY – NORWALK YACHT CLUB**

**SAILING INSTRUCTIONS**

RACES COVERED BY THESE SAILING INSTRUCTIONS

1. May 26 - King Cup
2. Jun 16 - Chanteyman Cup
3. June 30 - Greens Ledge Trophy
4. July 14 - Yellow Rock Race      Requires woman skipper (helmsman)
5. July 28 - Full Moon Evening Race

**1. RULES**

The races will be governed by the rules as defined in:

- 1.1 The Racing Rules of Sailing (RRS), including the current Performance Handicap Racing Fleet Regulations (PHRF) as administered by the Yacht Racing Association of Long Island Sound ([www.yralis.org](http://www.yralis.org)), as modified in these Sailing Instructions.
- 1.2 The Category C Minimum Equipment Recommendations of the YRALIS.
- 1.3 Racing rules 35, 44.2, 62.1(a), 29.1, and 61.3 will be changed as stated in these Sailing Instructions.

**2. NOTICES TO COMPETITORS & CHANGES TO SAILING INSTRUCTIONS**

Notices to competitors and changes to the Sailing Instructions or scratch sheets will be posted on the official notice board at Norwalk Yacht Club and at <http://www.yachtscoring.com> at least 24 hours before taking effect, or from the race committee signal boat by displaying international code flag **L** and orally communicating the change by broadcasting on VHF channel 5A in the 10 minutes prior to the first warning signal on the day they take effect.

**3. SIGNALS MADE ASHORE**

Signals made ashore will be made at the flagpole at Norwalk Yacht Club not later than 1100 on race days. Any signals made ashore shall also be broadcast on VHF channel 5A at 1100 and again at 1130. When flag AP is signaled ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP. See **Addendum A**.

**4. SCHEDULE OF RACES**

The Schedule of Races is attached as **Addendum B**. One race for each class or combined classes is scheduled for each date. The scheduled time of the first warning signal is 1200, except for the Evening Race on July 28, as more fully described on **Addendum C**. Warning signals for succeeding classes will be made with or after the starting signal of the preceding class.

**5. CLASSES & CLASS FLAGS**

Classes will be designated in the scratch sheet, which will be available at [www.yachtscoring.com](http://www.yachtscoring.com), and also at Norwalk Yacht Club and from the race committee signal boat on race days, prior to racing. Class flags will be the international code flag numeral pennants corresponding to the class designation in the

scratch sheet, as shown in the table below:

Class 1: Racing Spinnakers	Numeral pennant 1
Class 2: Racing Non-Spinnakers	Numeral pennant 2

**6. RACING AREA**

Racing will be South of Rowayton and Norwalk, Connecticut with the start and finish lines either in the vicinity of Greens Ledge Light, or in the vicinity of Government mark “R 26”, as indicated in **Addendum B**.

**7. COURSES & MARKS**

The list of Government marks eligible to serve as marks of the course is given in **Addendum D**, which also gives chart coordinates for each mark.

**Addendum E** gives compass directions and distances between each pair of marks listed in Addendum D.

**Addendum F** is a chart of the racing area, showing the positions of potential course marks. This Addendum is not to be used for navigation purposes.

The Race Committee may elect to set an orange or yellow inflatable turning mark (Mark X) as the first mark of the chosen course. The race committee signal boat will announce the approximate range and compass bearing of Mark X (if employed) or to the first Government mark by broadcasting on VHF channel 5A no later than the warning signal.

The race committee signal boat will designate the class with class placards followed by the applicable course signal placards. When only one course is displayed, that is the course for all classes. An example of two courses follows – assuming the start is in the vicinity of Greens Ledge:

Class Placard:	Course is for:	Course signals:
I II	Racing Spinnaker Class / Racing Non-Spinnaker Class	E C
III IV	Multihull Class	E

All course marks will be left to port, unless the signal boat displays a green shape with the course signal/s, in which case all course marks will be left to starboard.

The race committee signal boat will make a series of short sounds to draw attention to any changes to the course board approximately one minute before the first warning signal.

The number “2” displayed after the course letters means the course shall be sailed twice around.

**8. COURSE RESTRICTIONS AND AREAS THAT ARE OBSTRUCTIONS**

The following areas are designated as obstructions:

While racing, boats shall not cross a line segment:

- between RN”28”and R”2A” (provided that RN “28” is not designated as a turning mark – see below);
- between R”2A” and the abandoned lighthouse at the western end of Sheffield Island;
- between RN”28” and the abandoned lighthouse at the western end of Sheffield Island;
- extending true north of R”30” at Smiths Reef.

## **9. THE START**

9.1 Prior to the first warning signal, each boat shall pass by the stern of the Race Committee signal boat to check in by stating their boat name and sail number. Check in by VHF radio will not be accepted.

9.2 Start sequence will follow the five-minute sequence laid out in RRS 26.

9.3 The order of starts will be by ascending class number (e.g. I, II, III) unless otherwise announced.

9.4 Class starts may be signaled at five-minute intervals by displaying a class flag at the start of the preceding class, in which case the start of the preceding class shall be the warning for the next class.

9.5 At the discretion of the race committee, class starts may be combined. The race committee will signal this type of start by displaying the numeral pennants of all classes sharing the start as the warning signal.

9.6 The starting line for all classes will be a staff displaying an orange flag on the race committee signal boat and the mark defining the other end of the starting line.

9.7 Boats whose class warning signal has not been made shall keep clear of the starting area during the starting sequence for other classes.

9.8 A boat that starts later than 20 minutes after her starting signal will be scored DNS.

## **10. RECALL**

The race committee will attempt to identify recalled boats and to broadcast their sail numbers on the race course VHF channel. Failure of a boat to see or hear her recall notification, and the timing and order of such hail, shall not be cause for redress. This modifies RRS 62.1

## **11. CHANGE OF COURSE BETWEEN STARTS**

If the race committee changes the first mark following a postponement during a starting sequence, flag C will be displayed with short repeated sounds prior to the warning signal.

## **12. THE FINISH**

12.1 The finish line for all courses will be between a staff displaying an orange flag on an official boat and the finish mark.

12.2 If a course is shortened, the finish line will be between an official boat displaying Code Flag S and a rounding mark. The race committee will make multiple sound signals to indicate shortened course and the committee will broadcast on the race course VHF channel that the course has been shortened.

12.3 The finish line shall be crossed in the direction from the last mark rounded.

## **13. TIME LIMIT**

13.1 The time limit for each class shall be 3 hours from the class start time.

13.2 If no boat in a class finishes within the time limit, the race for that class will be abandoned.

13.3 Boats failing to finish within 30 minutes after the first class finisher will be scored "Did Not Finish" (DNF) without a hearing. This changes RRS 35.

## **14. WITHDRAWAL**

Any boat withdrawing before the start or retiring from a race shall notify the RC at the earliest possible opportunity on the race course VHF channel.

## **15. PROTESTS AND REQUESTS FOR REDRESS**

15.1 To initiate a protest, the protesting yacht must notify the protested yacht by hailing "Protest!" A RED protest flag must be flown from the protesting yacht's backstay immediately after the infringement, and carried until the finish line is crossed.

15.2 Immediately after finishing, a protesting yacht shall contact the Race Committee on the race course VHF channel to provide its sail number as well as the sail number of the yacht being protested. Written Protests must be filed as in 15.4 below.

15.3 Immediately after finishing, a boat that accepted a One-Turn Penalty shall contact the Race Committee on

the race course VHF channel to provide its sail number as well as the sail number of the protesting yacht. This changes RRS 44.2.

15.4 Protests and Requests for Redress shall be filed on standard US SAILING protest forms, available for download on the USSAILING website. Completed forms shall be delivered or emailed to the Chairman, Regatta Committee, at Norwalk Yacht Club within 48 hours after the finish of the race. This modifies RRS 61.3

15.5 Protest Hearings shall be scheduled at Norwalk Yacht Club as quickly as practicable, at dates/times advised to the protesting and protested skippers.

## **16. SCORING**

16.1 Each class will be scored using current PHRF handicaps provided by YRALIS. "Spinnaker W/L Ratings" will be used for Spinnaker classes and "Non Spinnaker W/L Ratings" will be used for Non-Spinnaker classes.

16.2 Scoring will be done using Time-on-Distance computation. The distance of each race shall be determined by the Race Committee, and will not be grounds for redress.

## **17. RADIO COMMUNICATION**

17.1 The Race Committee will normally use VHF channel 5A to communicate with competitors.

17.2 Except in an emergency, while racing, a boat shall neither make nor receive radio transmissions not available to all boats. This restriction also applies to mobile phones.

## **18. ADDITIONAL SPECIAL INSTRUCTIONS FOR THE FULL MOON EVENING RACE**

For the Full Moon Evening Race on July 28, special instructions will be in effect. These instructions are attached as Addendum C.

## **19. RESPONSIBILITY FOR SAFETY**

Competitors participate in the regatta entirely at their own risk. The Organizing authority will not accept any liability for damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Norwalk Yacht Club, the owner, helmsman and each crew member agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. See RRS Fundamental Rule 4, Decision to Race. Each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Norwalk Yacht Club and the YRA of LIS and each of their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each competitor, as does the responsibility for the safe condition and operation of their boat, including safety equipment and rigging, and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel manning them is at the risk of the participant.

## **20. FURTHER INFORMATION**

Please contact:

Sailing Director, Norwalk Yacht Club, 10 Nathan Hale Rd, Wilson Point, South Norwalk, CT, 06854

Phone 203 866-0941, VHF Channel 78A

Wes Oliver      Regatta Chair      regatta@norwalkyachtclub

**ADDENDUM A**

**Norwalk Yacht Club Race Committee Guidelines for Delay of Start**

The following guidelines are described below to assist the PRO to avoid premature cancellation of races and to allow adequate warning to those yachts coming from Noroton and South Norwalk. The decision to cancel a race should only be made when the weather is, or is expected to be, severe and safety could be compromised. The Race Officer, in his discretion, will delay or cancel a race in the case where the conditions are expected not to improve and the below parameters have been met.

1. Proceed to the starting line at the time of the harbor start except in the case of:
  - A) Heavy fog (Less than 1/4 mile visibility)
  - B) Electrical activity (lightning or thunder) directly overhead, nearby or imminent
  - C) Steady winds in excess of 25 knots

Cancellation procedure for Weekend Racing

<b><u>Time</u></b>	<b><u>Action</u></b>	<b><u>Conditions</u></b>
Before 1100	Abandon Race	Only in the case of winds greater than 25 knots
At 1100-1130	Postpone Race ½ hour  on and 78A.	In case of continuing or threatening conditions A, B, or C above. An announcement will be made on channels 5 and 78A.
At 1200	Abandon Race	Only if the above conditions (A, B, C) still exist.

2. In the absence of above parameters being clearly met: **always set the line.**
3. Postpone if winds at the line are in excess of 25 knots or less than 3 knots.
4. Postponements for light winds should last until 1330 for latest attempted start.

**ADDENDUM B**  
**SCHEDULE OF RACES**

<b>Date</b>	<b>Race</b>	<b>Start area</b>	<b>Party</b>
May 26	King Cup	R26	Minuteman YC
June 16	Chanteyman Cup	GL vicinity	Norwalk YC
June 30	Greens Ledge Race	GL vicinity	Norwalk YC
July 14	Yellow Rock Trophy Requires woman skipper	GL vicinity	Norwalk YC
July 28	Full Moon Evening Race	R26	None

\* First Warning Signal for all races except the Full Moon Evening Race on July 28 is 12:00.  
 See Addendum C for timing of the Full Moon Evening Race. \*

## **ADDENDUM C**

### **SUPPLEMENTAL SAILING INSTRUCTIONS FOR FULL MOON EVENING RACE, JULY 28, 2018**

The sailing instructions above remain in full force and effect for this race, except as specifically amended by this Addendum. This Addendum shall apply solely to the race named above.

#### **1. SCHEDULE**

The evening race is scheduled for Saturday, July 28, 2018. The scheduled time of the first warning signal is 1700. Warning signals for succeeding classes will be made with or after the starting signal of the preceding class.

#### **2. SIGNALS MADE ASHORE; DELAY OF START**

Signals made ashore will be made at the flagpole at Norwalk Yacht Club not later than 1400 on the race day. Any signals made ashore shall also be broadcast on VHF channel 5A at 1600 and again at 1630.

#### **3. THE FINISH**

3.1 Finishes shall be as provided in the sailing instructions except that all competitors are additionally required to shine a light on their sail numbers and hail the finish boat or otherwise ensure that they have been properly identified by the finish boat when finishing after dark. Boats failing to do this may be scored DNF without a hearing.

3.2 If no finish boat is on station, each boat shall finish when her bow crosses a line from R26 perpendicular to the last leg of the course and within 50 yards of R26, passing R26 on either side. Each boat shall record her finish time, using GPS time of day to the second, and email it to [regatta@norwalkyachtclub.com](mailto:regatta@norwalkyachtclub.com) by 1200 on Sunday, July 29, 2018.

#### **4. TIME LIMIT**

4.1 If no boat in a class has finished by 2200 hours, the race for that class will be abandoned.

4.2 The time limit for the first finisher in each class will be 2200 hours. Boats failing to finish within 30 minutes after the first finisher in their class will be scored "Did Not Finish" (DNF) without a hearing. This changes RRS 35.

#### **5. NAVIGATION LIGHTS**

Every vessel shall display proper running lights after sunset and shall not display an all-round light (anchor light) or a masthead light (steaming light) while sailing. A trilight may be displayed at the masthead only when sailing. When a trilight is displayed at the masthead, no other running lights may be displayed. A boat observed by the race committee to break a rule shall be subject to protest

#### **6. PROTESTS AND REQUESTS FOR REDRESS**

Protests shall be made in accordance with the sailing instructions, except that the deadline in section 15.2 for filing a protest shall be 1000 on Tuesday, July 31, 2018, for this race only.

**ADDENDUM D**  
**MARK COORDINATES**

A	R"26"	41° 03.65' N 73° 22.02' W
B	R"24"	41° 04.50' N 73° 19.84' W
C	G"11B"	41° 00.03' N 73° 23.70' W
E	R"28C"	41° 00.56' N 73° 25.21' W
I	GL vicinity	41° 02.40' N 73° 26.77' W
J	G"15"	40° 57.70' N 73° 29.17' W
K	R"32"	41° 00.19' N 73° 31.42' W

**ADDENDUM E**  
**MAGNETIC DIRECTION AND NAUTICAL MILE DISTANCES BETWEEN MARKS**

	R"26"	R"24"	G"11B"	R"28C"	GL vicinity	G"15"	R"32"
R"26"	-	76° 1.88	212° 3.88	231° 3.95	265° 3.73	236° 8.1	257° 7.9
R"24"	256° 1.88	-	226° 5.45	239° 5.66	262° 5.55	240° 9.9	257° 9.8
G"11B"	32° 3.88	46° 5.45	-	131° 1.24	332° 3.34	255° 4.8	285° 5.8
R"28C"	51° 3.95	59° 5.66	311° 1.24	-	345° 2.27	240° 4.2	280° 4.67
GL vicinity	85° 3.73	82° 5.55	152° 3.34	165° 2.27	-	216° 5.25	251° 4.25
G"15"	56° 8.1	60° 9.9	75° 4.8	60° 4.2	36° 5.25	-	340° 2.7
R"32"	77° 7.9	77° 9.8	105° 5.8	100° 4.67	71° 4.25	160° 2.7	-



